

AAMISMS/MISU China 2007

March 30 - April 7 * Los Angeles • Beijing • Shanghai *

Updated December 7, 2006



COURSE OVERVIEW

Website: www.spineupdate.com * Email: info@spineupdate.com



Our course in China will be co-sponsored by The American Academy of Minimally Invasive Spinal Medicine and Surgery and the American College of Physicians & Surgeons. The Course Chairman is Dr. John C. Chiu and the Course Director is Dr. Merrill W. Reuter. Being a native of China, Dr. Chiu is fluent in the Chinese language and speaks 5 dialects. By joining forces we believe we can offer a top-notch MISS course for spine related physicians and surgeons combined with exotic travel and the unique opportunity to witness how



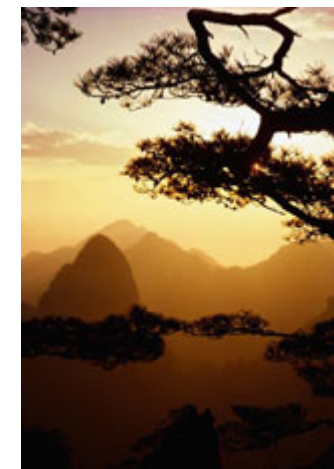
spinal medicine and surgery is performed in China. The AAMISMS/MISU China 2007 course will begin with live surgery, didactic sessions and workshops at Dr. John Chiu's surgery center near Los Angeles. In China we will visit medical centers as well as have symposia and didactic sessions. The trip will also include touring activities like Chinese acrobats, visiting the Great Wall and city tours of Shanghai and Beijing.



All course participants are encouraged to make this a family trip. There will be plenty of time set aside for tours while in China so spouses and children will not feel left out. We have structured the scientific part of the trip so that it will have minimal impact on family members.

The course will consist of live surgery, didactic sessions, hands-on workshops, multi-disciplinary symposium and course syllabus. All attendees of the courses will gain sufficient exposure to the state of the art procedures in total spine care which will improve the opportunities for their patients.

This course is open to all physicians and surgeons who practice spine-related medicine such as orthopaedic surgeons, neurosurgeons, neurologists, physiatrists and pain management/anesthesiologists. Fellows, Residents and Allied Health Professionals are also encouraged to attend.



Course registration is available only on our website. The Course fee is separate from the China trip fee. The course fees are as follows:

- \$500 - ACP&S/AAMISMS Member
- \$750 – Non Member
- \$350 – Fellow/Resident/Allied Health Professional

The Minimally Invasive Spine Update courses have been offered nine times since 1999. Our last course was the MISS in the Sacred Valley in Cusco, Peru, June 15-18, 2006. You can view all of our past courses on our website.

ITINERARY



Day 1: Friday - March 30

Includes Lunch and Dinner

9:00 AM	Registration & Welcome at California Center for Minimally Invasive Spine Surgery: California Spine Institute Medical Center, Thousand Oaks, CA.
10:00 AM-2:00 PM	Live Spine Surgery.
2:00-4:00 PM	Didactic Session.
4:00-6:00 PM	Hands-on Workshop.
6:00-8:00 PM	Dinner and Tour.

Day 2: Saturday - March 31

12:40 AM	Depart LAX for Beijing, China by Air China's non-stop flight #984 (Boeing 747-400). Cross the International Dateline.
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Day 3: Sunday - April 1

Includes Lunch and Dinner

5:40 AM	Arrive Beijing. Clear Chinese Immigration.
8:40-10:30 AM	Flight to Shanghai. Upon arrival, transfer to Jin Jiang Hotel Shanghai (5 star located on Hui Hai Road) for 4 nights with daily breakfast. After check in take a rest.
Afternoon	Orientation tour of Shanghai: drive along the Bund and main streets to get a glimpse of this exciting metropolis.
Evening	Early dinner at a local restaurant followed by the Shanghai Acrobat show.

Day 4: Monday - April 2

Includes Breakfast and Dinner

9:00 AM	Morning visit to local hospitals and health institutes.
Afternoon	Tour of YuYuan Garden, with Temple of City Goddess.
Evening	Welcome Reception Dinner at The Beckingham Hall at Jin Jiang Hotel.

Day 5: Tuesday - April 3

Includes Breakfast, Lunch and Dinner

8:00-9:30 AM	Didactic Session at Jin Jiang Hotel.
9:30 AM	Transfer to the Bund where you take a 2 hour Huangpu River cruise, followed by a tour of Pudong new Development Zone and Shanghai TV Tower (Oriental Pearl), Bund and Nanjing Road/Xin Tian Di area.
Evening	Reception Dinner (Shanghai cuisine) at local restaurant.

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Day 6: Wednesday - April 4

Includes Breakfast, Lunch and Dinner

8:00-9:30 AM	Didactic Session at Jin Jiang Hotel.
9:30 AM	Shanghai Museum and former French Concession area, Shanghai Music Hall.
Evening	Special Chinese Dinner.

Day 7: Thursday - April 5

Includes Breakfast and Dinner

8:10-10:10 AM	Flight to Beijing.
10:30 AM	Transfer to International Hotel Beijing (5 star) in downtown for 2 night with daily buffet breakfast.
Afternoon	Tour of Tiananmen Square and the Forbidden City.
Evening	Northern style Chinese Dinner, followed by Peking Opera Show at Lao She Tea House.

Day 8: Friday - April 6

Includes Breakfast, Lunch and Dinner

8:00 AM	Full day tour to the Great Wall (at Badaling section) and Ming Tombs, with the Spirit Way.
Evening	A magnificent Farewell Dinner at the famous Peking Duck Restaurant.

Day 9: Saturday - April 7

Includes Breakfast, Lunch and Dinner

8:00-9:30 AM	Didactic session at International Hotel Beijing.
9:30-11:30 AM	Visit a Chinese Medicine Hospital in Beijing, followed by a tour of Summer Palace and Temple of Heaven.
Afternoon	Transfer to airport for Air China's flight #983 to LAX.
8:00 PM	Depart Beijing for LAX
5:00 PM	Arrive LAX same day local time.

TRAVEL INFORMATION/VENUE



The information contained on the following pages is subject to change. We will continue to update this document as information changes. The course registration fee is separate from the China trip fee. The course registration form is available in this document or on our registration page on our website www.spineupdate.com. You must first submit the course registration and fee and then you will be sent travel arrangement documents to contact our travel agent to secure the China travel aspect of the trip.

The travel arrangements have been secured on a group basis and the prices are per person in the group without any deviations. If you plan to travel to China from outside of the United States (LAX airport) you will need to make your own flight arrangements. You can still be part of the group in China. Please consult your local travel agent for flights and then contact our travel agent to inquire on pricing to join the group in China (hotels/tours with the group). If you plan to make any detour trips in China or nearby countries before or after the course, please consult with our travel agent. Additional fees will apply to make any detours based on flight and tour prices.

The group deadline is January 20, 2007. Full payment and the list of person(s) traveling in your party must be made by then. After January 20, 2007 the group rate will no longer apply with space subject to availability for flights and hotels. Please check availability with our travel agent before registering for the course.

All travelers to China require a Visa. Fees will apply to obtain a Visa. Our travel agent can assist you with this. For questions regarding travel arrangements, itinerary, Visa(s) and payment, please consult our travel agent at the following information:

Frank Li
CITS (USA) * 975 E. Green St., #101 * Pasadena, CA 91106
Tel: (626) 568-8993 * Fax: (626) 568-9207
Email: info@citsusa.com; Web: <http://www.citsusa.com>



Los Angeles

Day 1: Friday - March 30
Includes Lunch and Dinner

The AAMISMS/MISU China 2007 course will begin at the California Center for Minimally Invasive Spine Surgery: California Spine Institute Medical Center, in Newbury Park, California – www.spinecenter.com. Dr. John C. Chiu is the Medical Director of this state of the art facility. The center is located in Thousand Oaks approximately 45 miles northwest of LAX airport in Los Angeles. The day will begin with live surgery, followed by lectures and hands on workshop. There will be a dinner and tour in the evening prior to departing for LAX for the 12:40 AM flight to China.

1001 Newbury Road * Newbury Park, CA 91320
Phone: 805 375-7900

A link for Yahoo Map directions can be found on our website or please [click here for directions](#).

Travel to China

Day 2: Saturday - March 31

The travel arrangements and all tours while in China are being arranged by CITUS USA – www.citsusa.com - of Pasadena, California. CITS USA is the only North American arm of the largest and most prestigious tour operator in China - China International Travel Service - and specializes in travel to, and in China. Once you have made your course registration, you will need to contact Frank Li at CITS USA to book your trip to China. They can handle all of the necessary Visas for you. All tours in China will be conducted by local English speaking guides. For pricing and travel details please see bottom of this document.



China is situated in east Asia and is the third largest country in area in the world but holds the world's largest population - over one billion people or about 20 per cent of the world's population. As one of the oldest countries, it has a rich history spanning thousands of years. Most of the citizens live in the eastern part of the country where the large cities are and the farming is sustainable. Agriculture is the primary economic force and over half of all workers are farmers. The Communist Party took over the government in 1949 and remains in control today. In recent years the government has loosened control of the economy and allowed more free enterprise. China is now a global economic force where many citizens have improved their impoverished lives but many still live a simple agrarian life.

Shanghai

Day 3: Sunday - April 1
Includes Lunch and Dinner

The first stop in China will be Beijing where we will transfer to a flight to Shanghai for four nights. We will be staying at the Jin Jiang Hotel, pictured to the right. The hotel was opened in 1929 and has had many dignitaries stay there, including President Richard Nixon in 1972. Shanghai is the largest industrial city in China, with a population of 18.7 million which includes a floating population of 2 million. It is situated on the estuary of the Yangtze River and is one of China's most important seaports. Shanghai is known as the "Oriental Paris" with its abundant shopping on such famous streets as Nanjing Road. Shanghai has a subtropical maritime monsoon climate. The best times to visit are the spring and fall. After a rest in the hotel, we will step out for an orientation tour of Shanghai, followed by dinner and a sensational viewing of the Shanghai Acrobat Show. Chinese acrobatics are one of the world's oldest forms of entertainment, a delightful artistic form that all people of all ages can enjoy.



Shanghai

Day 4: Monday - April 2
Includes Breakfast and Dinner



The course participants will meet in the morning to visit local hospitals and health institutes. In the afternoon we will tour YuYuan Gardens, a classical Chinese garden featuring many pavilions and ponds. In the evening there will be a Welcome Reception Dinner in Beckingham Hall at Jin Jiang Hotel.

Shanghai

Day 5: Tuesday - April 3

Includes Breakfast, Lunch and Dinner

In the morning there will be a didactic session for the course participants in the conference hall at the hotel. In the afternoon we sponsor a trip to the Bund, another famous street and waterfront in China, where major firms of the far east were headquartered. A two hour cruise on the Huangpu River will be followed by a tour of the Pudong new Development Zone and the Shanghai TV Tower - also called the Oriental Pearl. This magnificent tower is 1,536 feet high - the world's third tallest TV and radio tower. In the evening there will be a Reception Dinner at a local restaurant.



Shanghai

Day 6: Wednesday - April 4

Includes Breakfast, Lunch and Dinner

This will be our final day in Shanghai. A didactic session for course participants will be held in the morning in the conference hall at the hotel. Following the scientific session, we visit the Shanghai Museum which has an impressive collection of Chinese art, coins, furniture and other cultural relics from various nationalities over thousands of years. We will also visit the Shanghai Music Hall, which was raised and moved to a nearby location in 2003, as well as the French Concession area. A special Chinese Dinner in the evening will complete our four day/night visit to Shanghai.

Beijing

Day 7: Thursday - April 5

Includes Breakfast and Dinner

We will depart for a two hour flight to Beijing in the morning. The weather in Beijing in early April will probably be cooler than Shanghai so bring appropriate attire for cool evenings. After settling in at the International Hotel Beijing, pictured to the right, we will tour Tiananmen Square and the Forbidden City. Tiananmen Square is the large plaza near the center of Beijing. It is the largest open space in an urban location in the world. In 1989 it was the sight of protests which were ended in violence by the government.



The Forbidden City, also called the Forbidden Palace, is located in the exact center of the ancient city of Beijing. It was the imperial palace during the mid-Ming and Qing dynasties. In 1987 it was declared by the World Heritage Site as the "Imperial Palace of the Ming and Qing Dynasties." It has 800 buildings and over 8,000 rooms and UNESCO lists it as the largest collection of preserved ancient wooden structures in the world. The grounds are directly north of Tiananmen Square and are accessed through the Tiananmen Gate. The area surrounding it is called Imperial City. The evening will begin with a Northern style Chinese Dinner followed by the Peking Opera Show at the famous Lao She Tea House. The establishment is named after Lao She, a famous pre-revolutionary writer who penned the play "Tea House." Peking Opera is a 200 year old Chinese art, beloved by many locals.

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Beijing

Day 8: Friday - April 6

Includes Breakfast, Lunch and Dinner



We leave early in the morning for a full day tour to the Great Wall (at Badaling section) and Ming Tombs, with the Spirit Way. The Badaling section of the wall is northwest of Beijing in Yanqing County. The function of this section of the Great Wall was to protect Juyongguan Pass in the Jundu Mountains. This section was the earliest to be opened to tourists and since then 130 million visitors from China and abroad. The Badaling section of the Great Wall was made using huge bar stones. The inside of the walls are comprised of mud and stone block. The top floor was made smooth by using square bricks. Fire signal platforms were used in ancient times to send warning signals of encroaching enemies, using the number of fires to signify how many men were approaching. Back in Beijing for the

evening, we will enjoy a magnificent Farewell Dinner at the famous Peking Duck Restaurant. This 5th generation owned restaurant has been serving it's famous fare since 1852.



Beijing

Day 9: Saturday - April 7

Includes Breakfast, Lunch and Dinner

In the morning we will have the last didactic session for course participants, followed by a tour of a Chinese medicine hospital. Next we will tour the Summer Palace and Temple of Heaven. In 1998 UNESCO listed the Summer Palace as a World Heritage Site. This archetypal Chinese garden is considered one of the most classical gardens in the world. It was constructed during the Jin Dynasty (1115-1234). It went on to provide royal families with a splendid garden for rest and entertainment. The Temple of Heaven is larger than the Forbidden City but smaller than the Summer Palace. Constructed in 1420 during the Ming Dynasty, it was created to offer sacrifices to Heaven. After our final touring, we will head to the airport for our 8:00 PM flight back to LAX. We will arrive in Los Angeles at 5:00 PM local time the same day, April 7, 2007.

Trip Cost & Details

US \$1,616.00 per person on double occupancy

US \$ 440.00 per person for hotel single supplement (for those who need single rooms)

Important: In addition to the above price, please add the US Government departure/arrival tax and airlines fuel surcharge, currently at \$185.00 per person, but subject to change. Effective September 1, 2006, all Chinese airlines will increase fuel surcharge by \$5.00 per person per flight.

Trip fee covers:

- All trans Pacific and China airfare: Round trip LAX - Beijing/ Round trip Beijing - Shanghai on coach class.
- Standard twin/double rooms at above hotels in Shanghai and Beijing with daily buffet breakfast.
- All transfers and tours in both cities by private local English-speaking tour guides/air-conditioned coaches exclusively for our group.
- All admissions for above sights as listed in above cities.
- All meals in China as specified (breakfast, lunch, dinner). Lunch/dinners are mostly Chinese food.
- Baggage handling throughout China.

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Trip fee does not cover:

- China visa fee. CITUS USA can help you with your visa application. Please see info here: www.citsusa.com/visa.htm
- Meals not specified on the itinerary.
- Other personal services not listed, e.g. phone, laundry, room service, medical charges and insurance.
- Gratuity to guide/drivers/porters in China.
- Overweight baggage charges by the airlines, if there is any.
- Round Trip transportation from your hometown to LAX.
- Round Trip transportation from LAX to the surgery center in Thousand oaks.

For questions regarding travel arrangements, itinerary, Visa(s) and payment, please consult our travel agent at the following information:

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Course Registration Form - PDF Version

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To register for the AAMISMS/MISU China 2007 course, please fill out the form and either fax or mail us your form along with your credit card information or check. After we receive your registration form and payment you will be sent travel arrangements documents to contact our travel agent at CITS USA to secure the travel arrangements for the trip. We will email you confirmation and receipt of your course registration. If you have problems with this pdf version of the registration form please go to our website and fill it out online: www.spineupdate.com/registration.html.

Last Name

First Name

M.I.

Degree

Occupation

Please check box if:

Resident

Fellow

Allied Health Professional

Letter from Program Chairman required for Resident/Fellow Course Fee

This address/phone number/email address will be listed in the course syllabus:

Practice or Institution Name

Street Address

City

State

Country

Zip/Postal Code

Telephone

Fax

Email Address

Live Surgery Preference
(included in course fee)

I will attend

I will not attend

Course Fee Category
(waived for Corporate Sponsors)

Corporate Sponsor

Member AAMISMS/ACP&S \$500

Non-Member \$750

Resident/Fellow/Allied Health \$350

How did you hear about the
course?

Email Announcement

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Listing in publication

Payment Type

Credit card

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Visa

MasterCard

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Card #

Exp. Date (mm/yy)

Billing information for credit card if different than address above

First and Last Name

Street Address

City

State

Zip/Postal Code

Country

Signature _____

Today's Date _____

If paying by credit card sign and date this form. Print the form out and submit to us via fax or mail.

Fax	Mail
(561) 892-2379 Attn: Diane Marie Anger Course Coordinator	American College of Physicians & Surgeons AAMISMS/MISU China 2007 Registration 7593 Lake Worth Road, Lake Worth, FL 33467 Check made payable to: <i>American College of Physicians & Surgeons</i>